



20th

SIAN BRADWELL – WEST ISLAND LAKERS' ALL-STAR WEEKEND & CELEBRITY GAME



March 23rd – 24th, 2024



**John Rennie High School
501 boulevard St-Jean, Pointe-Claire**

LETTER FROM THE PRESIDENT

March 24th, 2024

As President in my 8th year of volunteering, I would like to welcome you on behalf of the West Island Lakers Basketball Association. We are extremely pleased to be hosting the Sian Bradwell fundraising weekend in support of children with cancer at the Montreal Children's Hospital. Now in its 20th year, we are proud to say that we have raised almost \$239,000 towards priority medical equipment for the most accurate diagnosis and treatment of childhood cancers. Our special guest for this milestone event is Dr. David Mitchell, Director of Oncology.

This weekend also allows us to showcase the skills and athletic ability of our players (boys and girls) at all levels from our House League to Inter-city divisions.

WILBA has built its reputation of excellence thanks to our wonderful volunteers; if it were not for these special people, we would not be in the position we are today: one of the largest youth basketball associations in Quebec.

Please enjoy your day, and cheers to our All-Stars!!!

Thank you.

Anthony Metrakos
President - WILBA



WILBA EXECUTIVE COMMITTEE



Anthony Metrakos	President
Mark Nowakowski	Vice-President, Boys Inter-city
Perri Dicerni	Vice-President, Girls Inter-city
Akeel Salim	Vice-President, House League Boys
Samantha Sinnott	Vice-President, House League Girls
Sebastian Ferraro	Treasurer
Christiane St-Amour	Secretary
Demetra Mastathis	Director of Facilities
Nancy Tallman	Director of Equipment
Mike Hickey	Technical Director
Tina Jones	Director of Social Media
William O'Neill	Director
Terry Skindilias	Director



WEST ISLAND LAKERS BASKETBALL ASSOCIATION



8:00am - 8:15am	INTER CITY Demonstration
8:15am - 8:20am	WARM UP
8:20am - 9:20am	*ALL STAR Game* Mini Girls House League
9:20am	* MEDAL PRESENTATION IN HALLWAY* House League Mini Girls
9:20am - 9:35am	INTER CITY Demonstration
9:35am - 9:40am	WARM UP
9:40am - 10:40am	*ALL STAR Game* Mini Boys House League
10:40am	*MEDAL PRESENTATION IN HALLWAY* House League Mini Boys
10:40am - 10:55am	INTER CITY Demonstration
10:55am - 11:00am	WARM UP
11:00am - 12:00pm	*ALL STAR Game* Bantam/Cadet Girls House League
12:00pm - 12:05pm	WARM UP
12:05pm - 1:05pm	*** REFS VS COACHES GAME ***
1:05pm - 1:10pm	*** CELEBRITY INTRODUCTIONS ***
1:10pm - 1:30pm	*** WARM UP ***
1:30pm - 2:30pm	*** CELEBRITY GAME *** <i>Half-time show by Tripoli Dance Studios</i>
2:30pm - 2:45pm	INTER CITY Demonstration
2:45pm - 2:50pm	WARM UP
2:50pm - 3:50pm	*ALL STAR Game* Bantam Boys House League
3:50pm - 4:05pm	INTER CITY Demonstration
4:05pm - 4:10pm	WARM UP
4:10pm - 5:10pm	*ALL STAR Game* House League Cadet Boys

CONGRATULATIONS TO ALL OUR STARS!

SB-WILBA ★ ALL-STAR ★ WEEKEND ORGANISING COMMITTEE:

Event Co-ordinator:	Samantha Sinnott
Security & Media Communications:	William O'Neill
Canteen & Signage:	Janet Renwick
Event Treasurer:	Danielle Ste-Marie
Head of Game times / Flow inside gym:	Michael Fountoukis
Raffle / Silent Auction:	Nancy Tallman, Terry Skindilias
50/50 Draws:	Christiane St-Amour, Julie Karabetian
Co-ordinator demos + Medal Presentations:	Mike Hickey
Apple Square set-up & WILBA Treasurer:	Sebastian Ferraro
Head referee:	Godlang "Googs" Alectus
Celebrity Greeters:	Mike Gaudin & Tyler Wood
Souvenir Book production:	Samantha Sinnott, Sharon Bradwell, Adam Lague
Photographers:	Graeme Maag, Terry Graham, Danielle Ste-Marie
Social Media & Inter-city Volunteers	Tina Jones
Sian Bradwell Fund / Hospital Liaison:	Sharon Bradwell

♥ OUR PRECIOUS VOLUNTEERS: ♥

West Island Lakers Inter-City Teams		Pointe-Claire Volunteer Rescue Unit (PCVRU)	
Caroline Gural	Katie Little	Paul Kuzma	Christyan Pollender
Akeel Salim	Brian Sinnott	Karl Youssef	Phil Charbonneau
Mike Sinnott	Kelly Sinnott	John-Mark Hailar	Robbin McIntyre
Amanda Stefanovic	Loredana Baita	Marc-Davidson Llesis	Luciano Cannucci
Melinda Platte	Harry Karakalpakis	John Montano	Brad Provencher
Teresa Jones	Erik Bedard	Constance Henry	Aquiles Moora
Anita Robidoux	Aaliyah Thomas	Alexa Basciano	Daniel Bley
Ophelia Moniz	Kiara Thomas	Avery Brathwaite	Ana Cebolla
Anna B	Mikhela Desir	Mark	Aika Miyake
Maddy Pretez	Orit Chason	Suzanne Boon	Melissa Alexis



Origin of the Sian Bradwell-West Island Lakers All Star weekend

In the summer of 2001, my wife Carole and I walked over to Meades Park (Kirkland) to watch the Sian Bradwell Softball Tournament. As we were sitting, we spotted the tournament director, Sharon Bradwell, who was taking photos of the action at first base. I said to her "I love what you are doing with this event ... how can I get involved?" Sharon explained how the event started under tragic conditions yet turned into a beautiful cause, helping children with cancer.

At that time I was the VP House League at WILBA and was looking to build our membership. We were holding our annual house league All-star weekend, and I immediately saw an opportunity to both raise money for the Sian Bradwell Fund For Children With Cancer and raise awareness of our league throughout the West Island by adding a charity component to the activities. The WILBA Executive Committee was very supportive of the idea, and in January 2001, the first Sian Bradwell-West Island Lakers All Star weekend took place. The first and second events provided a learning curve: we raised over \$6,200 and our results improved with the years.

In 2005, we were fortunate to have Rick Moffat (Astral media/Alouettes broadcaster), as a parent in our league. I met Rick to discuss opportunities for getting the media involved in a 'Media Celebrity game'. Rick was great help in recruiting media 'allstars', as well as promoting the event. During the opening ceremony Rick introduced the players and explained the cause. We noticed that there was a spot to add a player, and the 'spectator auction to play in the game' was born. Over \$12,000 was raised that year!

Rick had invited Barron Miles {Alouettes All-Star defensive player} to the game. His son was treated at the Montreal Children's Hospital. Barron was very impressed with the cause and the high number of spectators and offered to bring the Alouettes team out to play against the Media, and that was the start of the annual 'Alouettes/Media Celebrity Game'. As the event grew in popularity, we were able to obtain attractive raffle prizes that were auctioned off during the half-time shows.

Since the start of Alouettes/Media celebrity game, we raised between \$15,000-\$23,000 at each event, AND our house league membership grew to being the one of the largest basketball organizations in Quebec. I have to add that a key reason for success of the SB-WILBA All-Star weekends was the strong support from my executive, fully behind this cause!

- **Mike Gaudin, Past President, WILBA**

Breaking news...

We will be holding our **Sian Bradwell Golf Classic** on June 27th at the Windmill Heights Golf Club. For the details, please visit our website, sbgolffclassic.com or contact me at sianbradwellmtlgolf@gmail.com



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Sïan

Sïan (pronounced "SHAHN", hers is a Welsh Gaelic name which means 'precious gift of God'), the daughter of Ken and Sharon Bradwell, was born at St. Mary's Hospital in Montreal on October 3rd, 1984. Her mother found a lump on her foot on March 6th, 1985, and after undergoing a series of diagnostic tests, was diagnosed as having a rare form of cancer called 'primitive neuroectodermal tumour' (PNT) in her spine, liver and foot. Doctors thought the cancer had started in her pancreas and spread through her bloodstream.

Sïan Anela Marisa Bradwell



Sïan was treated with chemotherapy at the Montreal Children's Hospital and radiation at the Montreal General Hospital, since the Montreal Children's did not have the facilities.

She responded well for a short time, but when it was evident that the drugs were not working any longer, she underwent radical abdominal surgery in early October of 1985, followed by an intensive course of radiation treatment.

On Christmas Day, 1985, doctors found that the tumours had re-appeared in her legs, jaw and elsewhere. Sïan underwent radiation treatment again, and since the regular chemotherapy 'protocol' did not work, she was treated with experimental drugs.

They did not work, either, and on March 15th, she passed away. She was 17 months old.



www.sianbradwell.com

WHERE DO FUNDS GO?

When a new hospital is built, the government defrays part of the cost of purchasing new medical equipment if the equipment from the previous hospital cannot be used in the new facility. However, when equipment must be replaced, the hospital must appeal to the community for fundraising to finance new equipment.

The Sian Bradwell Fund (SBF) is a federally-incorporated Not-For-Profit organisation, run entirely by volunteers, whose mandate is to raise funds specifically for medical equipment.

In November, 2023, the Montreal Children's Hospital requested that the SBF consider financing the purchase of **40 "smart" intravenous pumps at a cost of \$5,000 each, for a total cost of \$200,000**. The challenge to raise the required funds has been accepted, and for the next few events, the proceeds of our events [SB-WILBA All-Star Weekend, SB Golf Classic, Sian Bradwell Softball Tournament] will be directed to this goal.

Details: http://sianbradwell.com/wp-content/uploads/2023/11/IV-pumps-proposal_SBF_Nov-2023.pdf

Please support our efforts in whatever manner you are able. Thank you.

DONATIONS

Donations may be made year-round via the Montreal Children's Hospital secure web site:

Online: [Sian Bradwell Fund](https://secure.fondationduchildren.com/site/TR/DIY/DIY?px=1111667&pg=personal&fr_id=1060&s_locale=en_CA)

https://secure.fondationduchildren.com/site/TR/DIY/DIY?px=1111667&pg=personal&fr_id=1060&s_locale=en_CA

Via QR Code:



Via cheque:

The Sian Bradwell Fund For Children With Cancer
c/o Montreal Children's Hospital Foundation
Attn. Samar El Soufi
5002 boul. De Maisonneuve ouest
Montreal, QC H4A 0B6

Your donations are very important to us and are deeply appreciated.

THANK YOU SO MUCH FOR YOUR GRACIOUS SUPPORT!

www.sianbradwell.com

SPECIAL GUESTS:

Dr. David Mitchell – Director of the Oncology Department, Montreal Children's Hospital

Montreal Alouettes Football Club – 8-time Grey Cup Champions (2023, 2010, 2009, 2002, 1977, 1970, 1974, 1949)

Anthony Calvillo – Hall of Fame CFL Player, 3-time Grey Cup Champion, Alouettes QB coach

Bruce Hills – President & CEO of the Just For Laughs Festival

Denburk Reid – 5-time Canadian Inter-university Sport basketball all-star, Hall of Fame member

Otis Grant – World Middleweight Boxing Champion, trainer of champions

Christine Robinson – Olympian, Water Polo Hall of Fame member, FINA and Pan Am Games medallist

Liam Mahoney – CFL football player with the Winnipeg Blue Bombers and Hamilton Tiger-Cats

Thomas Lucas - Canadian Junior Soccer team player and national champion

Devon Diggie – Olympian and 8-time National water polo champion

Andrew Robinson – Pan Am Games water polo medallist, multi-National Championship-winning coach

Joelle Bekhazi – Canadian Olympian and FINA World water polo medallist

John Abbott College Islanders Basketball Team – David King, Head Coach

Tripoli Dance Studios – Half-time show featuring Giulia Tripoli

Melissa Mastrogiuseppe – Advisor, Special Events & Community Relations - MCH Foundation

Alessia Di Giorgio – Director, Events - MCH Foundation

UP FOR GRABS :

- ★ 2 places on one of the Celebrity teams ... a memory for a lifetime!
- ★ Hockey stick autographed by Montreal Canadiens defenceman Mike Matheson
- ★ Chicago Bulls jersey autographed by Nikola Vucevic
- ★ 2 Tickets by WestJet Airlines to any regularly-scheduled destination:

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ANTHONY CALVILLO



Anthony Calvillo is Canadian football royalty. His 20 years in the Canadian Football League (16 of them with the Montreal Alouettes) were peppered with championships, records, and accolades, building a career that ranks him among the best the league has ever seen. For nearly two decades, Anthony was the face of the Montreal Alouettes during the team's most successful run.

Calvillo joined the Montreal Alouettes as a free agent prior to the 1998 season. He took over as the starting quarterback the following year, a position he would keep — and star in — until his 2013 retirement. In doing so, 'AC' almost single-handedly turned the franchise around after its rocky return to the CFL in 1996.

Calvillo's Als appeared in eight Grey Cup games, winning three championships: In 2002, 2009, and 2010. Calvillo was named Grey Cup Most Valuable Player in 2002. During his illustrious career, Anthony also won the CFL's Most Outstanding Player Award three times: In 2003, 2008, and 2009.

Calvillo is the all-time CFL passing yards leader with 79,816. In 2011, he became professional football's all-time leading passer by yards, a distinction he held until the NFL's Drew Brees passed him in 2020. In 2017, his first year of eligibility, Anthony Calvillo was inducted into the Canadian Football Hall of Fame.

During the 2014 season, the first following Calvillo's retirement, the Alouettes honoured their former star quarterback by retiring his number 13 jersey, joining former teammates Mike Pringle and Ben Cahoon along with other Alouettes legends Peter Dalla Riva and Herb Trawick likewise honoured.

A native of Los Angeles, Calvillo found his place in the Canadian Football League and has made Montreal his home during his playing career and beyond. Just two months after the jersey retirement ceremony, Anthony and the Alouettes were re-united... this time with Calvillo named as receivers coach before later adding two other titles — quarterbacks coach and joint offensive co-ordinator — over three seasons.

In November of 2023, with the Alouettes offence engineering a late comeback after dominating the 4th quarter, the Als won the Grey Cup -- Anthony's first as a coach.

BRUCE HILLS



With a career spanning over 38 years in the comedy industry, **Bruce Hills** has been a pivotal figure behind one of the world's most prominent comedy festivals and prestigious brands. Hills has earned accolades such as being named one of Variety's "50 Individuals Who Impacted Comedy" and been hailed as "The King of Comedy" by The Globe and Mail. Recognized internationally by GQ Magazine as "the most powerful man in international comedy," Hills has received honours from legendary comedian Dave Chappelle. His notable recognitions include the "Comedy Curator of a Generation" at the 2015 Montréal Just For Laughs Festival, and the prestigious 2017 Canadian Screen Awards where JFL received the Canadian Academy's Icon Award.

His career began in 1986 as a driver at Just For Laughs, and since then, he has assumed various roles, including Director of Programming, Vice-President of International Television, COO, and President.

Throughout the past three decades, Hills has built relationships with some of the comedy's most successful artists, including Dave Chappelle, Kevin Hart, Trevor Noah, Wanda Sykes, Margaret Cho, Jimmy Fallon, and Bill Burr, among others.

Hills' expertise in TV development has resulted in over 1,500 television specials broadcasted by various global networks. JFL TV deals reached new heights with partnerships including Netflix, Amazon Prime, and Kevin Hart's HartBeat Productions.

As an award-winning producer, Hills received three consecutive Canadian Screen Awards for Best Variety or Entertainment Special. He served as a consulting producer on NBC's *Bring the Funny* and as an Executive Producer on Amazon Prime's acclaimed 6-episode docu-series, *Inside Jokes*.

Hills is also a frequent keynote speaker and panellist at various festivals worldwide.

DENBURK REID



Denburk Reid was born May 21, 1979 in Manchester, Jamaica, and raised in Montreal. He graduated from McGill in 2005 with a BA, majoring in economics and management. Known as "Burky" he starred for five seasons with the basketball Redmen, serving the last three as a co-captain, then spent five years as an assistant coach with the team. A five-time Quebec conference all-star and three-time recipient of the Dr. Ross Hill Trophy as team MVP, the 5-foot-7, 148-pound point-guard merited tournament all-star honours 11 times.

Reid became the team's all-time leading scorer with 2,224 points in 143 contests for an average of 15.6 points per game. He also established school records for most career assists (551) and steals (302). He shot 44.3 per cent from the field, 33.9 from 3-point range and 77.5 from the free-throw line. Reid reached the 30-point plateau five times, including a personal best of 37 points twice (vs. Toronto, Dec. 29/04 and Laval, Feb. 11/05). He earned the Richard Pound Award in his final year for proficiency and leadership in McGill athletics. In 2013, he was among the inaugural inductees to the McGill Basketball Wall of Honour.

Denburk is the President and Founder of the Montreal Community Cares Foundation, a group which helps youth adopt behaviour that favours confidence, discipline and social responsibility. Its programs teach participants emotional intelligence, teamwork and community service. MCCF also helps families.

OTIS GRANT



Born in Saint Ann, Jamaica, Otis and his family moved to Montreal in 1977, when he was 9 years old. A multi-sport athlete, he began boxing at age 11 alongside his older brother Howard, and earned the nickname "Magic" from family members who related his basketball ability to Hall of Fame Los Angeles Lakers player Earvin "Magic" Johnson.

At the age of 17, Grant won the Canadian Senior Amateur Boxing Championships (CSABC) in the 71 kilos weight division. Otis competed at the 1987 Pan American Games and won a silver medal before turning professional in 1988. He won WBO Middleweight title in 1997 with a decision over Ryan Rhodes in England. In 1998, Grant moved to the light-heavyweight division to challenge Roy Jones for the WBC and WBA titles, but was not successful.

Following a near-fatal car crash in 1999, where he was in a coma for 7 days, doctors stated that although his superb condition saved his life, Grant would be unable to continue boxing. Grant was determined to make a return to the ring in search of another title shot as a super middleweight. After a 4-year break, his first return fight against South African boxer Dingaan Thobela was a resounding success. Grant's winning streak continued for another 6 fights before he retired in 2006.

Retirement was the just the start of a new career for Otis as a trainer and philanthropist. With his brother Howard – an Olympic boxer himself – Otis runs the Grant Brothers Boxing. The Otis Grant & Friends foundation was created after Grant was asked to lend his support to a charitable organization. The Otis Grant & Friends Foundation now donates food, clothes and medicine to communities all across Canada. Furthermore, the organization sends children to summer camps when their families cannot afford to do so, gives aid to special needs students, and grants scholarships to graduating high school students who plan on post-secondary studies.





LIAM MAHONEY

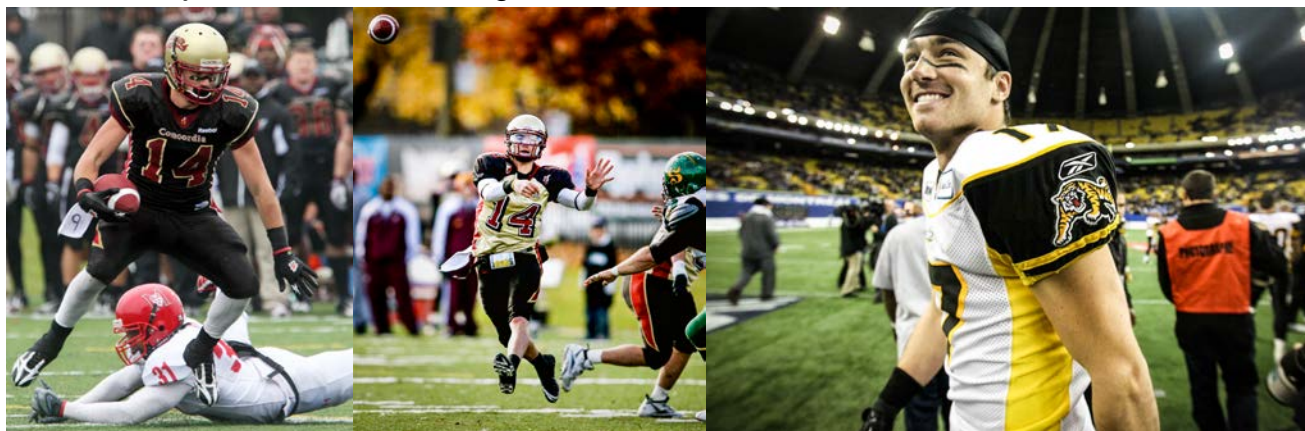


Former **WILBA** player Liam Mahoney, a native of Lachine, played football as a junior in the North Shore Football League for 15 years before joining the Vanier Cheetahs in the CEGEP AAA league, where he was an All-Star and Bol D'Or champion. In 2006, Liam was the starting quarterback for the Quebec team which won the Canada Games.

From 2007 to 2010 he played for the Concordia Stingers, where he was named the outstanding rookie in CIS football. A former quarterback, he changed to wide receiver in University football. He was the leading receiver on the Stingers with 49 catches for 609 yards and six touchdowns in nine games. Mahoney also scored a rushing touchdown, bringing his total for the year to seven. He was third in the Quebec conference in receiving yards and first in touchdowns scored.

In his final season, Mahoney was a Quebec University league all-star and a CIS all-Canadian. He was also the Stingers' MVP in 2008 and 2010.

Mahoney was selected by the Winnipeg Blue Bombers in the sixth round of the 2011 CFL draft, but he joined the Hamilton Tigers-Cats later that summer.



DEVON DIGGLE



A graduate of the University of Calgary, Devon is a multi-sport athlete, having participated in hockey, football, basketball, volleyball, swimming, and soccer. But water polo proved to be his forte, and he played for the Dollard-des-Ormeaux water polo club, winning the U-15 National title in 2004, the U-18 and U-22 National titles in 2005 and the U-22 National title in 2006. Devon competed at the World Junior championships in Los Angeles and was the 2nd leading scorer. He joined the senior Canadian national team later that year.

As a senior, 2008 was a banner year in which Devon won U-22 and Senior national titles and was also on the Canadian team at the 2008 Summer Olympics in Beijing.

2009 was another great year as he won another Senior national title and played on the Canadian National team that finished 8th at the World Championships in Rome. In 2010, Devon won yet another National Senior title – his eighth!

Devon also competed at the World Aquatics Championships in 2011 in Shanghai and 2013 in Barcelona.

Devon has been the national championship Most Valuable Player thrice, is a 7-time All Star, and has twice been the Montreal Amateur Athlete of the Week.





THOMAS LUCAS



From the basketball court to the soccer field!

As WILBA member, Thomas competed as an under-age player for the U-17 provincial basketball team. In the same year he was apart of the Quebec Provincial Soccer Team. He also played for the Lac St. Louis Lakers soccer team, where he captained the team to two National Championships. Ultimately Thomas gave up basketball to pursue soccer more intensely at the National Training Centre.

Thomas then joined the McGill University Redbirds (formerly Redmen) soccer team in 2007 as a midfielder and was the league's rookie of the year. An all-conference junior, the Kirkland resident scored a goal and had an assist in a solid start to his university sports career. He was elected as team captain in 2008 and scored one marker in a stellar season in which he was awarded an 'athletic scholarship' from the Quebec Foundation for University Sports. Thomas continued to captain the team until he graduated in 2011 with a Masters degree in physiotherapy, and also has a diploma in sports physiotherapy and advanced Masters in Manual Therapy.

Today, Thomas is physio and co-owner at Physiomentum Sports Medicine Centre where he has been able to stay involved in sports including working with Canadian National Soccer program.



CHRISTINE ROBINSON



Christine Robinson started playing water polo at the age of 9, after watching her brother play and finding it more interesting than participating in swimming meets. By 12, she had joined the Dollard Des Ormeaux Club, helping her teams win numerous National Club Championships at all levels.

After attending Bishop Whelan High School (where she was the valedictorian) and later John Abbott College, Christine went on to study biology and business while on a full athletic scholarship at Loyola Marymount University in California, starting in 2004.

By 15, Christine had made her first Canadian Junior National Team. She was captain of the team that made history by winning the FINA World Junior Championships with a shootout victory over the United States in Calgary in 2003. Under the direction of head coach Pat Oaten and assistant coaches Daniel Berthelette and Ahmed El Awadi, the 13-player team captured the only world championship title ever won by a Canadian team.

Christine was on the Women's National water polo team that competed at the Olympic games in Athens in 2004. She also won two medals at the FINA World Championships, bronze in 2005 and silver in 2009. She is also a 3-time silver medallist at the Pan Am Games in 2007, 2011 and 2015. Robinson also got the chance to play professionally in Europe at the Plebiscito Padova Club in Italy for 2 seasons. She won consecutive Italian Championship titles from 2016-2017, while earning the title of "Foreign Player of the Year" from the Italian Coaches Association.

Christine graduated from McGill University with a major in Physiology and has an MBA from the Queens University Smith School of Business, where she attended on full scholarship. And she now works in sales planning for Kraft Heinz Canada.

Most recently in 2022, Christine and other members of the 2003 Canadian Junior Women's Team were inducted into the Canadian Water Polo Hall of Fame. In 2023, Christine was inducted into the Hall of Fame of Lachine, her home town.



ANDREW ROBINSON



Andrew, the younger brother of star water polo player Christine and a former **WILBA** athlete, began playing competitive water polo at the age of 15.

Throughout his Water polo career, he represented Canada on the Junior and Senior level, attending World Championships, World University Game and Pan American games -- a competition his sister's team also competed -- where Andrew's team won a bronze medal.

He concluded his playing career after a year playing in a Professional league in Australia.

Following his playing career, Andrew began a successful coaching career where he led teams at Youth, Junior and Senior World Championships. Andrew helped the Canadian team qualify for The 2021 Olympic Games.

Over a coaching career that spanned 10 years, Andrew won 8 International medals and 17 National Championships. Most importantly to him, he helped 27 athletes from the grass roots level receive NCAA scholarships - more than any Canadian coach.

Andrew has since begun a corporate career where he now works for L'Oréal Canada.



JOELLE BEKHAZI



Pointe-Claire's Joelle Bekhazi started playing water polo at age 12 at the community outdoor pools on the West Island, and participated in a Summer league for a few years before joining the Dollard-des-Ormeaux Water Polo club in 2001. The sight of the women's national water polo team in their Canada uniforms while conducting a clinic for West Island youngsters inspired Joelle to aim for a place on the Olympic team.

Joelle was named to the junior national team at age 16, going on to compete at the 2005 and 2007 World Junior Championships. After moving to the senior ranks, she helped Canada win silver at the 2007, 2011, 2015, and 2019 Pan American Games.

Bekhazi was part of two major medal-winning teams in 2009 as Canada captured a first-ever silver in the FINA Water Polo World League followed by silver at the FINA World Championships. She also won silver at the 2017 FINA World League Super Final. In 2021, Joelle was part of Canada's fourth-place finish at the FINA World League Super Final, the team's first competition in more than 18 months because of the COVID-19 pandemic. In her Olympic debut at Tokyo 2020, Bekhazi scored five goals as Canada finished seventh.

Among her individual accomplishments are being named to the All-Star Team at the 2010 FINA World Cup and earning MVP honours at the 2013 UANA World Championship Qualification Tournament.

Bekhazi played collegiate water polo at the University of Southern California. In her first year in 2009, the Trojans lost in the NCAA final but a year later they were victorious, making her the first Canadian ever to be part of an NCAA champion water polo team.

Joelle is now a dedicated osteopath who graduated from the Centre Ostéopathique du Québec (COQ). She holds a Bachelor of Science degree in Biology from the University of Southern California and a Master's degree in Physiology from McGill University, specializing in Cancer Research.

JOEL ANTHONY



Nicknamed "The Warden" by fans for the way he locks up opponents, referring to his defensive prowess, **Joel Anthony** carved out a 10-year career during which he played 490 games, logged more than 1,000 points and rebounds, and won two NBA championships.

Anthony came to the hardcourt late, having only started playing basketball during his final year at Selwyn House. He was cut from the roster in his first try-out at Dawson College, but Anthony -- a natural shot blocker -- worked hard and found his footing south of the border, firstly at Pensacola Junior College in Florida and then at University of Nevada, Las Vegas on scholarship.

Anthony put together a stellar two-year career at UNLV, leading the team in blocks in his first season there. In his final season of college basketball, 2006-07, Joel helped lead his team to a 30-7 record, finished first in several key defensive statistics, and was named Mountain West Conference Defensive Player of the Year. He finished second in UNLV history with 157 career blocks -- though his record was later surpassed by fellow Montrealer, Khem Birch.

More adversity followed the end of his college career: Anthony was not drafted in the 2007 NBA Draft. Still, he signed as a free agent with the Miami Heat in the off-season, and his new teammates were Shaquille O'Neal, Dwayne Wade, and Alonzo Mourning -- all superstars of professional basketball.

When free agent LeBron James signed with Miami during the 2010 offseason (along with Chris Bosh), the Heat instantly became the centre of the basketball world. The formation of the Big Three (James, Bosh, and Wade) coincided with the prime of Anthony's career. He became a cog, and often a starter, for a large portion of the team's run of four consecutive appearances in the NBA Finals. Anthony was part of both the 2012 and 2013 championship teams.

Along with his NBA success, Anthony was a mainstay with the Canadian National Team for more than a decade. He joined the program in 2006 and played in the 2009, 2010, and 2013 FIBA World Championships.

In 2021, Anthony was named the first general manager of the Canadian Elite Basketball League's Montreal Alliance.

While you wait ...

Rules

Find as many words as possible using letters from the grid. The words must contain 4 letters or more, must contain the central letter and each letter may not be used more than once. There is at least one word which uses all the letters in the cube.

Count: 5 Average 7 Good 10 Excellent 11 Superb

B	T	O
H	K	O
M	A	C

amok, back, book, cook, hack, hock, hook, matchbook, mock, tack, took

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